

Boil Water Advisory

Washing Dishes and Countertops

If a Boil Water Advisory is issued follow these steps to safely clean and disinfect your dishes, tableware, cutting boards and countertops.

What is Disinfection?

Disinfection is a cleaning process that destroys or prevents the growth of most germs that cause illness.

Washing Dishes by Hand

You can wash dishes by hand in 1 of 3 ways:

1. Wash dishes in soap and water that has been brought to a rolling boil for 1 minute and allowed to cool so it is not too hot to touch.
2. Wash dishes in soap and hot tap water then rinse in water that has been brought to a rolling boil for 1 minute and allowed to cool so it is not too hot to touch
3. Wash dishes in soap and hot tap water and then rinse in the following disinfection solution. Mix about 30 ml (6 teaspoons) of bleach in 13.5 litres (3.5 gallons) of water and let stand for at least 10 minutes. Soak dishes in the solution for at least 1 minute. Let the dishes air dry.

Washing Dishes Using a Dishwasher

Wash dishes using a dishwasher in 1 of 2 ways:

1. Use your dishwasher's "hot" setting. It safely disinfects dishes.
2. For dishwashers without a "hot" setting, finish the cycle then rinse them in a "disinfection" solution.

Cleaning Chopping Boards, Countertops and Cooking Utensils

First, clean with warm, soapy water. Then wipe with the following solution:

- Mix about 30 ml of bleach in 4.5 litres (1 gallon) of water and let stand for at least 10 minutes. Keep in a tightly sealed container.

This solution is stronger than the one used for rinsing dishes. Do not reuse or store this solution. Make it fresh. Keep out of reach of children.

If you have any questions, contact the Lambton Community Health Services Department at (519) 383-8331 or toll-free 1-800-668-1839.



COMMUNITY HEALTH SERVICES DEPARTMENT

Environmental Health & Prevention Services

160 Exmouth Street
Point Edward, Ontario N7T 7Z6
Telephone: (519) 383-8331
Toll free: 1-800-667-1839
Fax: (519) 383-7092
Email: chsd@county-lambton.on.ca
www.lambtonhealth.on.ca

Revised 05.2006