

Alcohol and Substance Misuse

Finding help for you or someone else.

Agency	Phone	Website
EDUCATION & PREVENTION SERVICES:		
Centre for Addiction & Mental Health	1-888-424-9958	www.camh.net
Community Health Services Department	519-383-8331	www.lambtonhealth.on.ca
Family Counselling Centre	519-336-0120	www.familycounsellingctr.com
Lambton Drug Awareness Action Committee	519-383-8331	www.lambtonhealth.on.ca
Rebound	519-344-2841	www.reboundonline.com
Sarnia Police	519-344-8861	www.police.sarnia.on.ca
INTERVENTION SERVICES:		
Aamjiwnaang First Nation	519-336-8410	www.aamjiwnaang.ca
Centre for Addiction & Mental Health	1-888-424-9958	www.camh.net
Community Health Services	519-383-8331	www.lambtonhealth.on.ca
Family Counselling Centre	519-336-0120	www.familycounsellingctr.com
Rebound	519-344-2841	www.reboundonline.com
Sarnia Police	519-344-8861	www.police.sarnia.on.ca
St. Clair Child & Youth	519-337-7750	www.stclairchild.ca
Canadian Mental Health Association	519-337-5411	www.cmhalambton.org
TREATMENT SERVICES:		
Alcoholics Anonymous	519-337-5211	www.aasarnialambton.com
Bluewater Health Lambton County Addiction Services	519-434-4400 ext. 5370	www.bluewaterhealth.ca
Bluewater Methadone Clinic	519-337-5000	www.bluewatermethadoneclinic.ca
Narcotics Anonymous	519-661-0119	www.orscna.org
Westover Treatment Centre	1-800-721-3232	www.westover-fdn.org
OTHER SERVICES:		
D.A.R.T. (Drug and Alcohol Registry of Treatment)	1-800-565-8603	www.dart.on.ca
DISTRESS Line Sarnia-Lambton	519-336-3000 1-888-DISTRES	www.familycounsellingctr.com
Inn of the Good Shepherd	519-344-1746	www.theinn.sarnia.net
Kids Help Phone	1-800-668-6868	www.kidshelpphone.ca
Lambton Mental Health Crisis Service	519-336-3445 1-800-307-4319	www.cmhalambton.org
Women's Interval Home	519-336-5200	www.womensintervalhome.com